

AGS, SLE, and *RNASEH2* mutations: translating insights into therapeutic advances

William F. Pendergraft III, Terry K. Means

J Clin Invest. 2015;125(1):102-104. <https://doi.org/10.1172/JCI78533>.

Commentary

Systemic lupus erythematosus (SLE) is a severe autoimmune disease characterized by the presence of nucleic acid- and protein-targeting autoantibodies and an aberrant type I IFN expression signature. Aicardi-Goutières syndrome (AGS) is an autosomal-recessive encephalopathy in children that is characterized by mutations in numerous nucleic acid repair enzymes and elevated IFN levels. Phenotypically, patients with AGS and SLE share many similarities. Ribonuclease H2 (RNase H2) is a nucleic acid repair enzyme that removes unwanted ribonucleotides from DNA. In this issue of the *JCI*, Günther and colleagues provide an in-depth investigation of the mechanisms underlying the link between defective removal of ribonucleotides in AGS and SLE, and these findings will likely serve as a strong springboard to provide novel therapeutic inroads.

Find the latest version:

<https://jci.me/78533/pdf>



AGS, SLE, and *RNASEH2* mutations: translating insights into therapeutic advances

William F. Pendergraft III^{1,2} and Terry K. Means^{2,3}

¹University of North Carolina (UNC) Kidney Center, Division of Nephrology and Hypertension, Department of Medicine, School of Medicine, UNC, Chapel Hill, North Carolina, USA. ²The Broad Institute of Harvard and MIT, Cambridge, Massachusetts, USA. ³Center for Immunology and Inflammatory Diseases and Division of Rheumatology, Allergy and Immunology, Massachusetts General Hospital (MGH) and Harvard Medical School, Charlestown, Massachusetts, USA.

Systemic lupus erythematosus (SLE) is a severe autoimmune disease characterized by the presence of nucleic acid- and protein-targeting autoantibodies and an aberrant type I IFN expression signature. Aicardi-Goutières syndrome (AGS) is an autosomal-recessive encephalopathy in children that is characterized by mutations in numerous nucleic acid repair enzymes and elevated IFN levels. Phenotypically, patients with AGS and SLE share many similarities. Ribonuclease H2 (RNase H2) is a nucleic acid repair enzyme that removes unwanted ribonucleotides from DNA. In this issue of the *JCI*, Günther and colleagues provide an in-depth investigation of the mechanisms underlying the link between defective removal of ribonucleotides in AGS and SLE, and these findings will likely serve as a strong springboard to provide novel therapeutic inroads.

Autoimmune disorders: a need for better understanding

Why are translational research efforts to identify the pathogenetic underpinnings of human autoimmunity so critical? Autoimmune disease affects at least 1 in 31 Americans and has been reported to be the second-highest cause of chronic illness, the top cause of morbidity in women, and among the top ten causes of death in women under the age of 65 (1–4). It could be argued that systemic lupus erythematosus (SLE), a prototypical autoimmune disease characterized by antibodies against nucleic acids and proteins and a type I IFN signature, is one of the most complex and heterogeneous autoimmune diseases known. In fact, patients with SLE can develop as many as 11 different symptoms and/or signs; based on American College of Rheumatology criteria, at least four of these symptoms are required to be present for diagnosis. Mathematically, it is

feasible that a patient could present with 1 of at least 330 different combinations that meet diagnostic criteria (5). A better understanding of the key etiologic and pathogenic mechanisms that underlie SLE is paramount for prevention, treatment, and cure of this disease. Despite many advances that have been made toward the identification and characterization of common etiologic and pathogenic characteristics of lupus, more effective treatments for SLE are still needed (5–8).

How AGS relates to SLE

Aicardi-Goutières syndrome (AGS), an inflammatory encephalopathy in children, was initially thought to be related to a viral infection in utero, but later found to be an autosomal-recessive disorder characterized by mutations in genes encoding the nucleic acid repair enzyme 3' repair exonuclease 1 (TREX1), any of the three subunits of the ribonuclease H2 (RNase H2)

enzyme complex (RNASEH2A, RNASEH2B, and RNASEH2C), the cellular enzyme SAM domain and HD domain-containing protein 1 (SAMHD1), the RNA repair enzyme adenosine deaminase 1 acting on RNA (ADAR1), or the RNA sensor melanoma differentiation associated protein 5 (MDA5; encoded by IFN-induced with helicase C domain 1 [*IFIH1*]) as well as by overactivation of innate immunity, as demonstrated by elevated serum and cerebrospinal fluid IFN- α levels (Figure 1 and ref. 9). The concept of clan genomics proposes that these types of rare mutations arose more recently and — as is the case with AGS — harbor greater impact on disease susceptibility than variations from distant ancestors (10). Phenotypically, patients with AGS and SLE share similarities, including but not limited to cerebritis, vasculitis of the skin, and type I IFN activation (9).

The development of an RNase H2-deficient mouse led to disappointment for researchers in the AGS and SLE fields because of its embryonic lethality. Like the other DNA repair enzymes associated with AGS and SLE, RNase H2 has been of great interest to the general scientific community, and insight into its function could broadly impact multiple fields affected by dysfunctional DNA repair, including autoimmunity, cancer, and virology. Evaluation of RNase H2-deficient mice revealed that this enzyme is critical for embryonic development, and cells from these mice had excess ribonucleotides within genomic DNA, implicating a critical need for RNase H2 in genomic maintenance (11). Because RNase H2-deficient animals die in utero, the contribution of this enzyme in the development of autoimmunity could not be evaluated. Fortunately, the embryonic lethality of the RNase H2-deficient mouse appears to have been a short-lived barrier, given the report by Günther and

► Related Article: p. 413

Conflict of interest: William F. Pendergraft III receives research support from The Broad Institute.

Reference information: *J Clin Invest.* 2015;125(1):102–104. doi:10.1172/JCI78533.

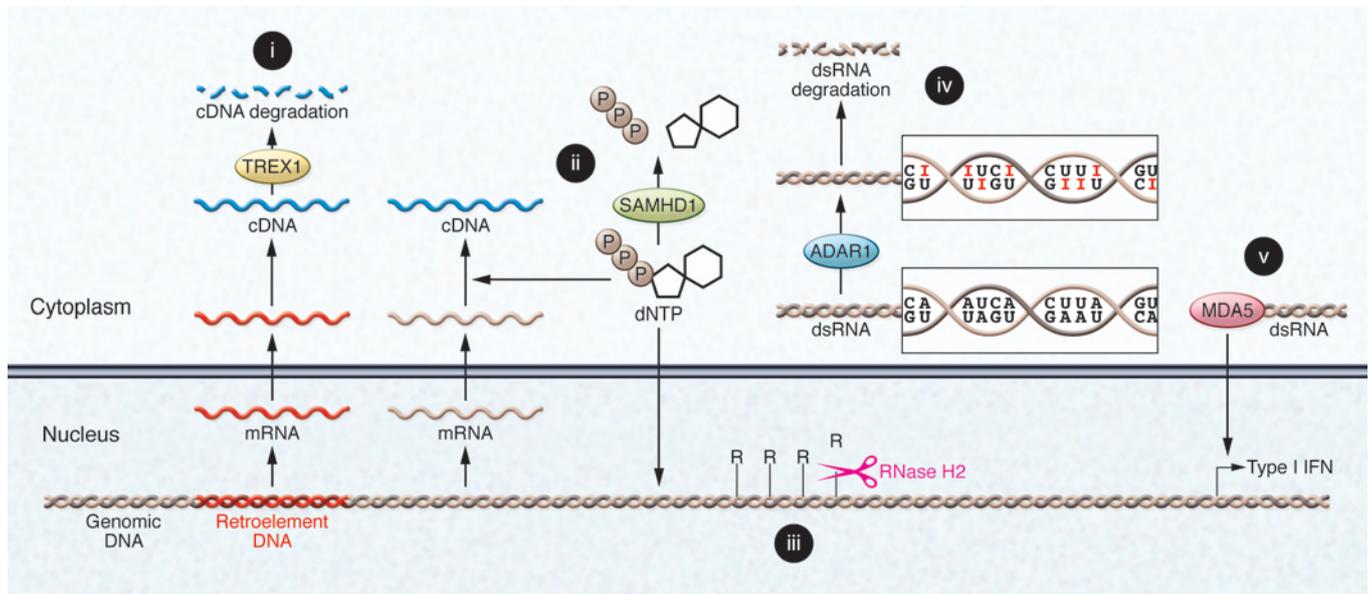


Figure 1. Normal function of nucleic repair enzymes. Patients with AGS harbor mutations in genes that encode proteins involved in nucleic acid repair and sensing. TREX1 prevents retroelement DNA reverse transcription (i). SAMHD1 converts deoxyribonucleotide triphosphate (dNTP) into nucleoside and triphosphate (ii). RNase H2 (composed of the subunits RNASEH2A, RNASEH2B, and RNASEH2C) removes ribonucleotides (R) from DNA, a process that can occur during transcription (iii). ADAR1 destabilizes double-stranded RNA (dsRNA) by deaminating adenosine (A) to inosine (I) (iv). MDA5 (encoded by *IFIH1*) is a RIG-I-like receptor dsRNA helicase enzyme that serves as a dsRNA sensor to stimulate a type I IFN response (v). The *IFIH1* mutation is the only known gain-of-function mutation; the other genes harbor loss-of-function mutations. Genetic variants of genes encoding TREX1, SAMHD1, RNase H2, and MDA5 are associated with SLE as well. Allelic mutations of genes encoding these proteins ultimately result in dysfunction and disease through accumulation of excess intracellular nucleic acid and inappropriate activation of innate immunity.

colleagues in this issue that provides many answers about the role of RNase H2 in human autoimmunity (12). The authors conducted an in-depth, international, multicenter investigation focused on understanding the mechanisms that underlie the link between the defective removal of ribonucleotides from DNA and the development of systemic autoimmune disease. Specifically, they found that parents of patients with AGS who are heterozygous for genes encoding RNase H2 subunits (*RNASEH2A–RNASEH2C*) exhibit lupus-like autoimmune features, although to a lesser extent than most diagnosed SLE patients. This observation prompted Günther et al. to examine patients with SLE. In a subset of SLE patients, allelic variants of all three *RNASEH2* subunit genes were identified, and all of these mutations decreased RNase H2 function. The presence of these risk alleles was further validated in a second cohort of patients with SLE. Moreover, the presence of *RNASEH2* variants that resulted in reduced enzyme activity or complex stability correlated with increased risk of SLE. This functional dose response of *RNASEH2* allelic

variants with SLE risk provides compelling evidence that *RNASEH2* mutations are linked with lupus susceptibility. Additionally, cells from patients with AGS or SLE with *RNASEH2* allelic variants exhibited elevated levels of ribonucleotide-bound genomic DNA, an increased DNA damage response, and increased type I IFN production. Interestingly, in vitro experiments demonstrated cyclobutane pyrimidine dimer formation in ribonucleotide-bound DNA in response to UV irradiation, a result that may explain the photosensitivity and exacerbation of skin disease common in SLE patients with *RNASEH2* mutations.

Conclusions and future directions

Even though much can be learned from studies that directly involve human participants, more rigorous investigation is also needed, and validation of the results of Günther and colleagues (12) in animal models is imperative for exploring potential therapeutic strategies. For example, development of a model that allows induction of RNase H2 deficiency after parturition may allow examination of this defi-

ciency in mature animals, the timing of which might better reflect human disease. Given that parents of patients with AGS exhibited mild autoimmune features, additional efforts to consider clinical evaluation and counseling of couples with *RNASEH2* allelic variants should be further explored. It is also likely that nucleic acid repair may be altered by as-yet undiscovered variants of other genes, and large-scale sequencing efforts could result in genome-wide identification of such AGS- and SLE-associated mutations. Furthermore, the search for allelic variants that protect against development of autoimmune disease, especially SLE, is important, and more work in this area is greatly needed.

The findings of Günther and colleagues (12) add additional clean fuel to the fire, strengthening the emerging notion that SLE is not one disease, but a compilation of a constellation of diseases with differing genotypes but related phenotypes. It is clear that the various SLE-associated phenotypes cannot be explained simply by the presence of specific risk alleles. “Lupusomics,” loosely defined as systems-level analyses integrating genetics, epigenetics, transcriptomics, proteomics, and metabo-

lomics (to name a few) will provide greater clarification and phenotypic refinement that could result in highly targeted therapeutic approaches. It should also be noted that retroviral RNase H2 is a critical enzyme for HIV replication, making the present results pertinent not only to autoimmune disease, but also to the identification of novel therapeutic targets that could slow and/or prevent HIV replication (13). Conversely, existing HIV drugs could have therapeutic benefit for patients with AGS and have shown early promise in TREX1-deficient mice (14).

Overall, the findings by Günther and colleagues (12) directly apply to the health of patients with AGS, the parents of patients with AGS, and patients with SLE who harbor *RNASEH2* mutations. There are many challenging goals in medicine, and it could be argued that two of the most important are preventing and curing disease. It is possible that the mechanistic insights provided by Günther et al. (12) could be targeted to improve genomic integrity and blunt both the DNA damage response and the aberrant type I IFN response. In addition, this study — and future genetic studies like it — represent the first steps to break SLE down into specific genetic disease classifications that are responsible for specific clinical manifestations. Ideally, these findings will serve as

a strong springboard to provide novel targeted therapeutic inroads for patients with AGS and SLE.

Acknowledgments

The authors thank the patients with lupus and lupus nephritis, and the other scientists and health care providers dedicated to their care, at MGH and UNC. W.F. Pendergraft III is supported in part by grants from the NIDDK (P01-DK058335-14 and 1UM1-DK100845-01) and The Broad Institute. T.K. Means is supported by grants from the NIAID (R01-AI084884) and the Alliance for Lupus Research.

Address correspondence to: Terry K. Means, Center for Immunology and Inflammatory Diseases and Division of Rheumatology, Allergy and Immunology, Massachusetts General Hospital and Harvard Medical School, 149 13th Street Room 8407, Charlestown, Massachusetts, 02129, USA. Phone: 617.726.6497; E-mail: means.terry@mgh.harvard.edu.

1. Jacobson DL, Gange SJ, Rose NR, Graham NM. Epidemiology and estimated population burden of selected autoimmune diseases in the United States. *Clin Immunol Immunopathol.* 1997;84(3):223–243.
2. AARDA; NCAPG. The cost burden of autoimmune disease: the latest front in the war on healthcare spending. http://www.diabetesed.net/page/_files/autoimmune-diseases.pdf. Accessed November 21, 2014.

3. Faustman D. *Women's Health Research: Progress, Pitfalls and Promise*. Washington, DC, USA: The National Academies Press; 2010.
4. Walsh SJ, Rau LM. Autoimmune diseases: a leading cause of death among young and middle-aged women in the United States. *Am J Public Health.* 2000;90(9):1463–1466.
5. Tsokos GC. Systemic lupus erythematosus. *N Engl J Med.* 2011;365(22):2110–2121.
6. Obermoser G, Pascual V. The interferon- α signature of systemic lupus erythematosus. *Lupus.* 2010;19(9):1012–1019.
7. Houssiau FA, Lauwerys BR. Current management of lupus nephritis. *Best Pract Res Clin Rheumatol.* 2013;27(3):319–328.
8. Lauwerys BR, Ducreux J, Houssiau FA. Type I interferon in systemic lupus erythematosus: where do we stand? *Rheumatology (Oxford).* 2014;53(8):1369–1376.
9. Lee-Kirsch MA, Wolf C, Günther C. Aicardi-Goutières syndrome: a model disease for systemic autoimmunity. *Clin Exp Immunol.* 2014;175(1):17–24.
10. Lupski JR, Belmont JW, Boerwinkle E, Gibbs RA. Clan genomics and the complex architecture of human disease. *Cell.* 2011;147(1):32–43.
11. Hiller B, et al. Mammalian RNase H2 removes ribonucleotides from DNA to maintain genome integrity. *J Exp Med.* 2012;209(8):1419–1426.
12. Günther C, et al. Defective removal of ribonucleotides from DNA promotes systemic autoimmunity. *J Clin Invest.* 2015;125(1):413–424.
13. Kim J, et al. Identification of two HIV inhibitors that also inhibit human RNaseH2. *Mol Cells.* 2013;36(3):212–218.
14. Beck-Engeser GB, Eilat D, Wabl M. An autoimmune disease prevented by retroviral drugs. *Retrovirology.* 2011;8:91.